



How to Use Atropine Drops for Drooling

A Guide for Individuals and Families

Atropine drops can help manage drooling, which is also called hypersalivation or sialorrhea. Drooling can be a bothersome side effect of some medications, including clozapine.

Atropine drops for drooling should only be used under the guidance and prescription of a healthcare professional. Although sometimes atropine drops are used in the eye, for drooling, atropine drops are given under the tongue.

STEP 1

Review the number of drops and frequency recommended by your prescriber.

STEP 2

Gather supplies.



- ✓ Atropine drops
- ✓ Water in medicine cup or teaspoon (optional)
- ✓ Paper towel / tissue (optional)

STEP 3

Wash your hands thoroughly with soap and water. Use hand sanitizer if soap is not available.

STEP 4 (optional)

It might help if you dry off the area under your tongue using a tissue or paper towel before using the drops.

STEP 5

Give the atropine drops

- ✓ Tilt your head slightly backward.
- ✓ Gently lift your tongue to create a small pocket underneath.
- ✓ Hold the atropine bottle in one hand and bring it to your mouth.
- ✓ Tilt the bottle and squeeze the prescribed number of drops under your tongue. Be precise and avoid touching the dropper to your mouth.
- ✓ If you have trouble seeing what you are doing, try doing this in front of a mirror.
- ✓ Wait about 30 seconds to allow the medication to be absorbed.



STEP 6 (optional)

After you allow the atropine to sit for about 30 seconds, it may help to swish a very small amount of water in your mouth to help its absorption. It is typically recommended to swish about 5 mL, no more than a small teaspoon of water. Swish about 5 mL (the amount in a teaspoon) around your mouth and then spit it out.

STEP 7

Finally, put the atropine out of reach of children. Store it in a cool, dry place, away from direct sunlight.

AVOID THESE COMMON MISTAKES

Do not allow the dropper to touch your mouth to prevent contamination.

Do not swallow the medication immediately or swish too early. Let it absorb under your tongue.

Do not use more drops than prescribed by your healthcare provider.

DISCLAIMER

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