



How to Use Ipratropium Bromide Nasal Spray for Drooling

A Guide for Individuals and Families

Ipratropium bromide nasal spray can help manage drooling, which is also called hypersalivation or sialorrhea. Drooling can be a bothersome side effect of some medications, including clozapine.

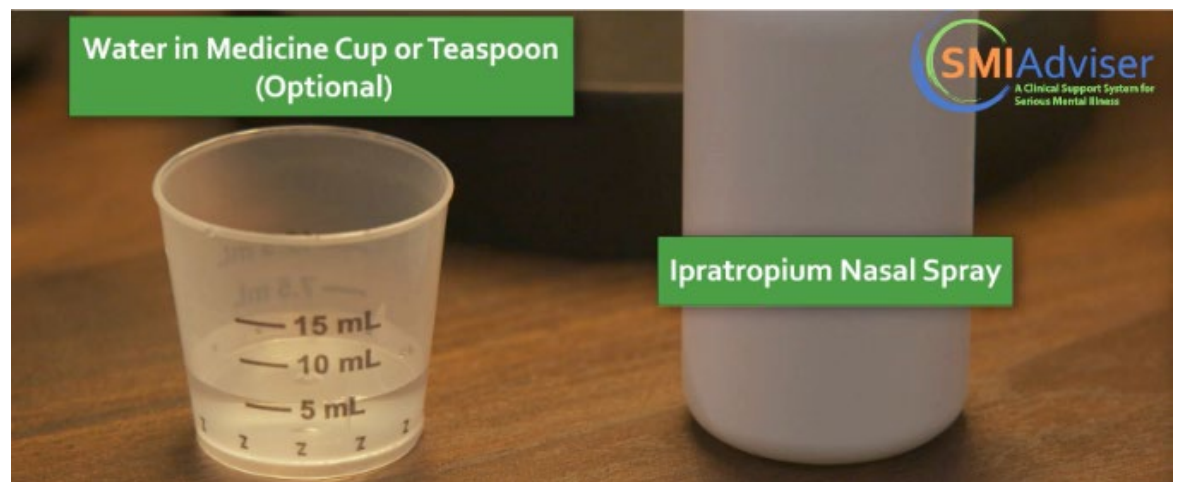
Ipratropium for drooling should only be used under the guidance and prescription of a healthcare professional. Although sometimes ipratropium is used in the nose, for drooling, ipratropium is sprayed under the tongue.

STEP 1

Review the number of sprays and frequency recommended by your prescriber.

STEP 2

Gather supplies.



- ✓ Ipratropium Nasal Spray
- ✓ Water in medicine cup or teaspoon (optional)
- ✓ Paper towel / tissue (optional)

STEP 3

Wash your hands thoroughly with soap and water. Use hand sanitizer if soap is not available.

STEP 4 (optional)

It might help if you dry off the area under your tongue using a tissue or paper towel before using the ipratropium bromide spray.

STEP 5

Give the ipratropium bromide spray

- ✓ Tilt your head slightly backward.
- ✓ Gently lift your tongue to create a small pocket underneath.
- ✓ Hold the ipratropium bottle in one hand and bring it to your mouth.
- ✓ Press down on the nasal spray pump to release a single spray. Use the prescribed number of sprays under your tongue. Be precise and avoid touching the bottle to your mouth.
- ✓ If you have trouble seeing what you are doing, try doing this in front of a mirror.
- ✓ Wait about 30 seconds to allow the medication to be absorbed.



STEP 6 (optional)

After you allow the ipratropium to sit for about 30 seconds, it may help to swish a very small amount of water in your mouth to help its absorption. It is typically recommended to swish about 5 mL, no more than a small teaspoon, of water. Swish about 5 mL (the amount in a teaspoon) around your mouth, and then spit it out.

STEP 7

Finally, keep the ipratropium out of reach of children. Store it in a cool, dry place, away from direct sunlight.

AVOID THESE COMMON MISTAKES

Do not allow the dropper to touch your mouth to prevent contamination.

Do not swallow the medication immediately or swish too early. Let it absorb under your tongue.

Do not use more sprays than prescribed by your healthcare provider.

DISCLAIMER

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