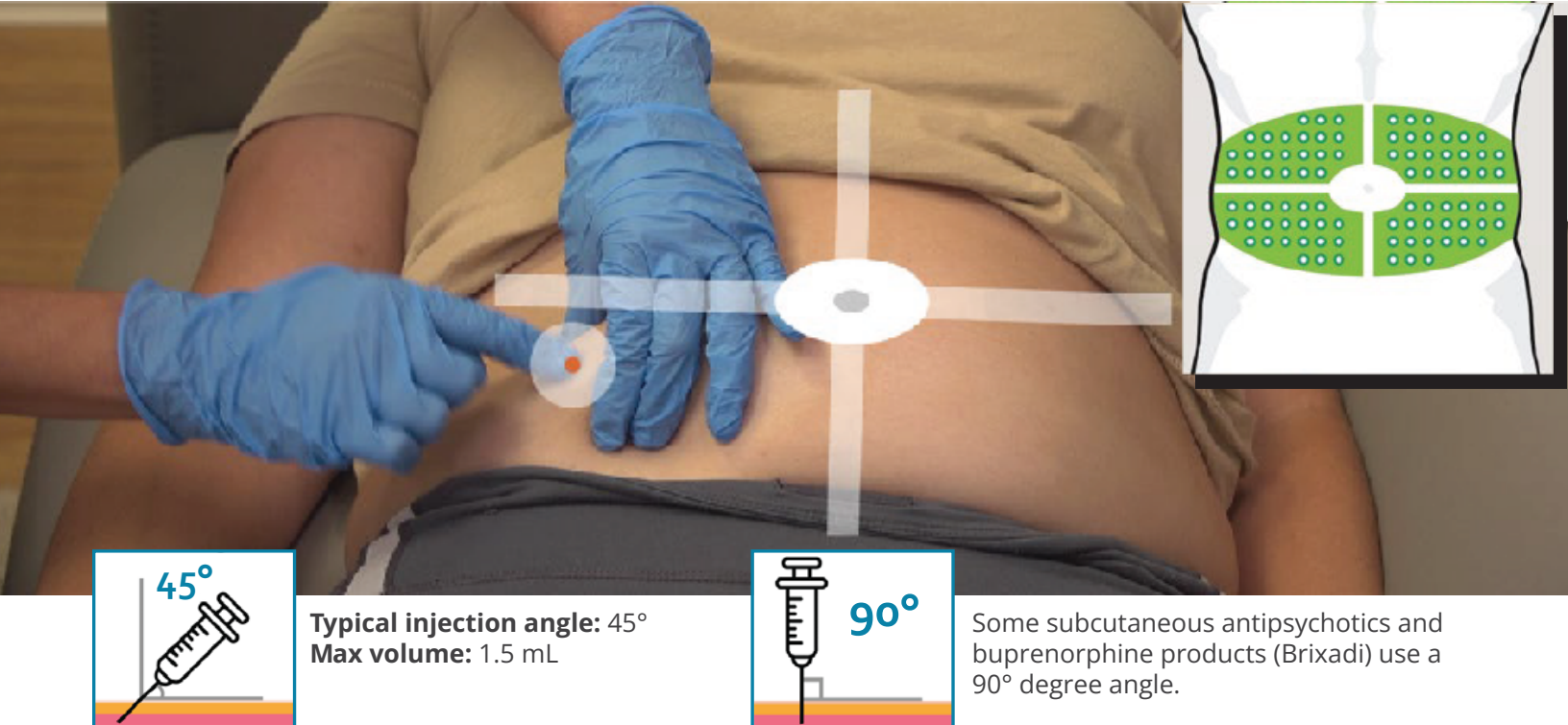


ABDOMINAL SUBCUTANEOUS



Steps to find the injection site:

1. Find the costal margin. This is the ridge formed by the cartilages of the seventh to tenth ribs. This is your upper border.
2. Next find the iliac crests and imagine a line connecting them across the abdomen. This is your lower border.
3. Visualize a two-by-two grid across the area between these two borders on the patient's abdomen. The umbilicus (or belly button) should be in the center of the grid. Avoid this area.
4. Choose an injection site in one of the four areas outside of the umbilicus which is a minimum of two inches from the umbilicus.
5. Pinch a 2-inch fold of skin (to pull the adipose tissue up from the muscle) before and during the injection.
 - a. For Sublocade: Pinch skin → insert needle and give injection → release pinched skin
 - b. For Perseris: Pinch skin → insert needle → release pinched skin → give injection → remove needle
 - c. For Brixadi and Uzedy: Pinch skin → insert needle → release pinched skin → give injection → hold for two seconds remove needle
6. Important notes:
 - a. Some medications like Brixadi and Uzedy require you to hold the needle in the skin for several seconds after injection to make sure all medication has been injected. This is essential for this site and injection type given that a small loss of medication perhaps could equate to a week or more of medication.