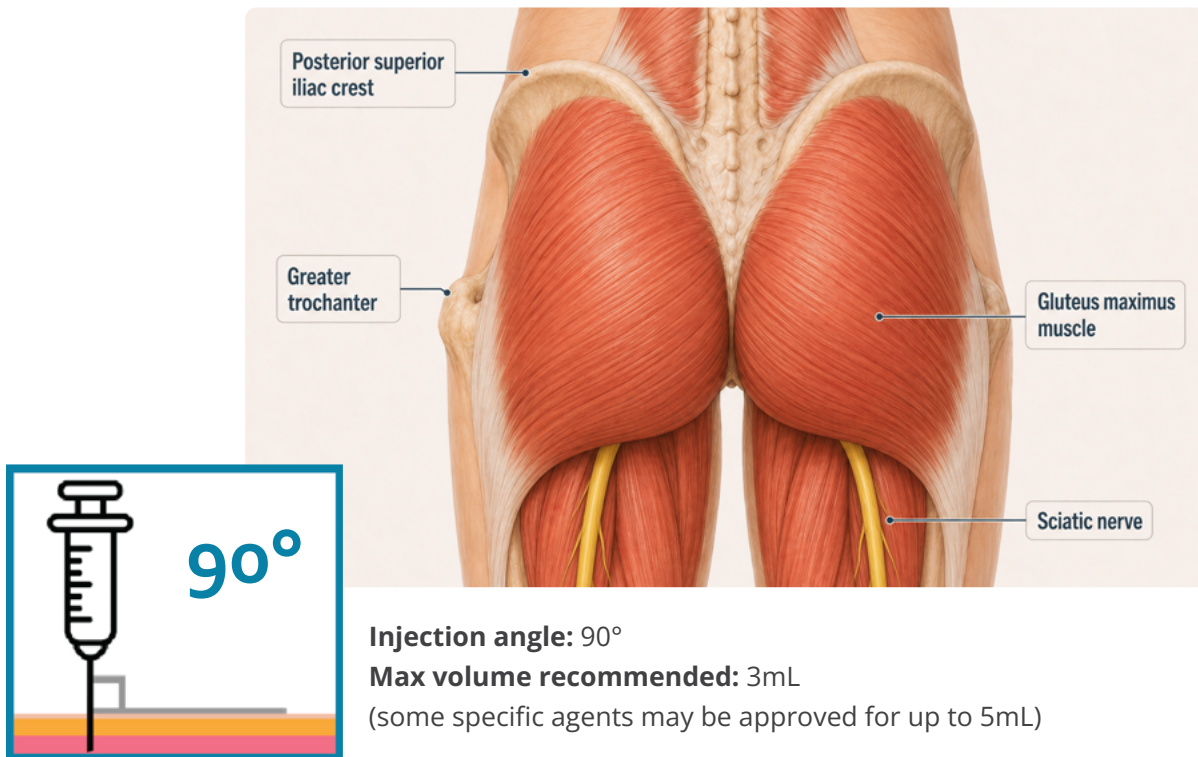


DORSAL GLUTEAL (DORSO-GLUTEAL) INTRAMUSCULAR



Note: Compared to other IM administration sites, gluteal injection sites may carry increased risk of contact with the sciatic nerve and/or superior gluteal artery, as well as less predictable absorption in some cases. For certain IM LAIs, the deltoid muscle may be an appropriate alternative administration site; clinicians should refer to the individual package insert for medication-specific guidance.

Steps to find the injection site / landmarks:

1. Have the patient in a prone or side-lying position with the femur internally rotated to minimize pain. May have to administer while standing.
2. Find the greater trochanter (size of a golf ball) at the top of the femur
3. Find the posterior superior iliac crest (many people have dimples over this bone)
4. Draw an imaginary line between the greater trochanter and posterior superior iliac crest
5. Locate the center of the line and find a point ~1 inch superior to it
6. Give the injection at this point, into the gluteus maximus muscle

Alternative landmarks for this injection site: Double Cross Method

