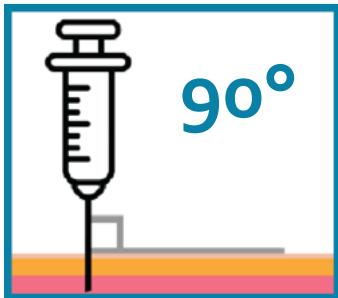
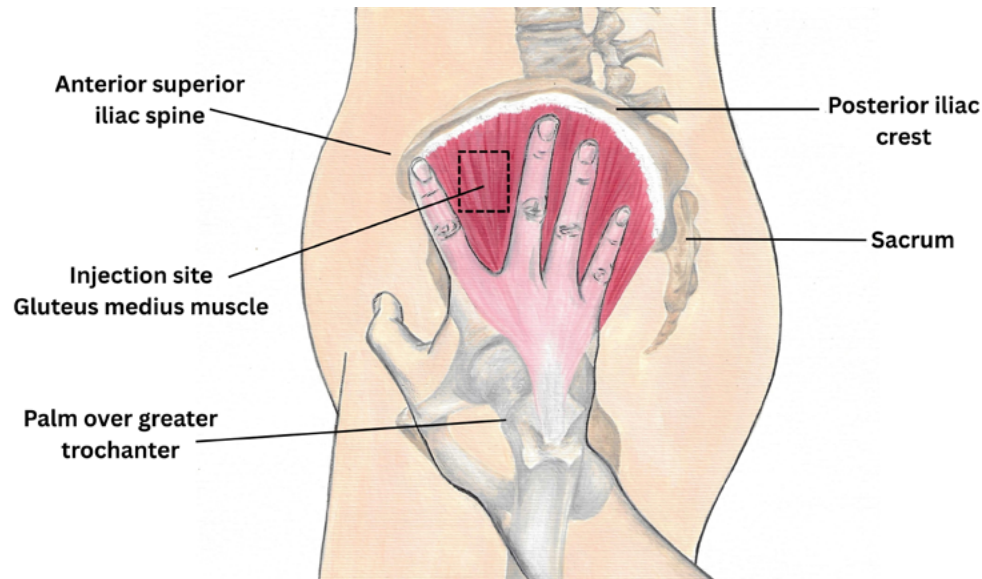


VENTRAL GLUTEAL (or VENTRO-GLUTEAL) INTRAMUSCULAR



Injection angle: 90°

Max volume recommended: 3mL

(some specific agents may be approved for up to 5mL)

Note: Compared to other IM administration sites, gluteal injection sites may carry increased risk of contact with the sciatic nerve and/or superior gluteal artery, as well as less predictable absorption in some cases. For certain IM LAIs, the deltoid muscle may be an appropriate alternative administration site; clinicians should refer to the individual package insert for medication-specific guidance.

Steps to find the injection site:

1. Find the greater trochanter (size of a golf ball) at the top of the femur
2. Find the anterior iliac crest
3. Place the palm of your hand over the greater trochanter
4. Point index finger toward the anterior iliac crest
5. Point middle finger straight up (making a "V" shape with index finger)
6. Use thumb to stabilize, pointing forward
7. Give the injection in the "V," into the gluteus medius muscle

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