

Patient Comfort Plan for Long-Acting Injectable (LAI) Medication Administration

Patient Information:

Patient Name		Date	
Nurse Completing Form			
Medication			
Dose			
Injection Interval			
Preferred Language			
Interpreter Needed			

Patient Preferences

Preferred injection site

- ☐ Left Deltoid
 ☐ Right Deltoid
- ☐ Left Ventrogluteal
 ☐ Right Ventrogluteal
- ☐ No preference

Preferred position

- ☐ Sitting
 ☐ Standing
 ☐ Lying down

Communication preference

- ☐ Explain each step
 ☐ Count before injection
- ☐ Don't count
 ☐ Quiet/minimal conversation
- ☐ Conversation/distraction

Comfort Strategies (Check all that help)

- ☐ Deep breathing
 ☐ Music/headphones
 ☐ Support person present
 ☐ Warm compress
- ☐ Ice before injection
 ☐ Ice after injection
 ☐ Topical anesthetic (if ordered)
 ☐ Distraction/conversation
- ☐ Stress ball/fidget item
 ☐ Other: _____

Anxiety

Patient anxiety before injection:

- ☐ None
 ☐ Mild
 ☐ Moderate
 ☐ High

What Works Best?

The one thing that helps this patient the most:

Avoid

The one thing staff should avoid:

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